



# PARK & RECREATION MONTH

**CELEBRATING  
SINCE 1985**

## **GET YOUR GROOVE ON ...**

Kick up your heels. Lace up the sneakers. Soar on the swings. July is National Park and Recreation month — 31 days dedicated to summer and tapping into the town's bounty of recreational space and programs.

Highland Parks and Recreation is celebrating 68 years of building and maintaining a network of parks that stretch from Homestead Park south to the Meadows and Lakeside.

Under the watchful eye of Parks Superintendent Alex Brown, the park department manages 26 parks and designated open spaces that together supply 230 acres of breathing room.

**INFO:** [Highlandparks.org](http://Highlandparks.org) and [nrpa.org/July](http://nrpa.org/July).

## **SHOW US YOUR SPIRIT!**

We're challenging you to get gnarly and rock Park and Recreation Month — 80s-style. Maybe you'll host a totally tubular aerobics dance party (leg warmers and headbands are a must!) or an 80s movie night series — whatever you choose, have fun with it!

Upload your pics to the Highland Parks & Recreation FaceBook page or email Director Dave Byers at [dbyers@highlandparks.org](mailto:dbyers@highlandparks.org).